



Monterey County Office of Education

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Dr. Nancy Kotowski
Monterey County Superintendent of Schools

April 10, 2007

Mr. Mike Pippi
President/Executive Director
HELP: Choose Your Life
2600 Garden Road, E. Bldg., Suite 123
Monterey, CA 93940

RE: Head Start Workshops

Dear Mike:

On behalf of the Monterey County Head Start Program, I thank you and Pat and Ron Wells for providing the nutrition workshops for our Head Start children and families. I received wonderful feedback from those who have attended and they were especially pleased with the way in which students are engaged in the process. The interactive sessions have enabled our families to learn more about the importance of good eating and how those eating habits promote healthy development for their children.

It is our hope you will continue to offer your sessions again next year. The word about your program is out among our staff and other teachers would like to take part in future workshops. In addition, I would like to compliment Pat and Ron for their sensitivity to the issues that face our families. They always bring enthusiasm and teaching practices that are enjoyable and effective.

The Head Start Program will be breaking for June and July, but will return in August. Our staff would appreciate having Pat and Ron present the latest strategies for improving our children's health. Please contact me at your earliest convenience to set a date. We are in the process of setting our calendar for next year.

Again, thank you for your generosity and your willingness to serve individuals who might not have been served otherwise. Your time and dedication is truly appreciated.

I look forward to hearing from you soon.

Sincerely,

A handwritten signature in black ink that reads "Esther Rubio".

Esther Rubio, MPA
Head Start Director